

# July

# 2023-2024



The Shri Ram  
Universal School

# NEWSLETTER

## International Tiger's Day

Global Tiger Day, often called The International Tiger Day, is an annual celebration to raise awareness for tiger conservation. The celebrations at The Shri Ram Universal School sensitized students about the critical need to protect tigers. The school also organized art and craft activities for students aimed at generating awareness about the need to save tigers. Overall, students acknowledged that tigers have a special place on the planet and in our lives and we must do all that we can to protect them.



## YELLOW COLOUR DAY CELEBRATION

Yellow colour is associated with happiness, warmth and sunshine. Our Elementary section of TSUS celebrated Yellow Colour Day with the tiny tots. A day dedicated to the colour yellow, was marked with cheerful children attired in different hues and tints of yellow outfits. Children were not only beautifully dressed in yellow dresses but also brought yellow objects to make it a complete Yellow Day. Various Yellow objects were displayed by the teachers. Tiffins were filled with Bananas, Mango and other yellow eatables. Attractive yellow colour toys like cars, teddy bear, dolls, balls and balloons were also brought by the students. Focusing on the theme the teachers planned various art activities.



# INTERNATIONAL YOGA DAY

On account of International Yoga Day celebrated on the 21st of June every year, the students of the Elementary section participated in the Yoga week celebration conducted at the school.

The students were trained to do Yoga by a trainer. The trainer began the session with a few free hand exercises like head rotation, wrist and hand rotation, side forward and backward bending etc. The exercises were then followed by Pranayam (meditation) where the young children patiently sat in the correct posture with their eyes closed, chanting OM.

Then, the trainer encouraged the students to actively perform the various Yoga asanas like Tada-asana, Padma-asana, Vajra-asana, Parvatasana, Shashankasana, the Butterfly asana etc. The happy and content faces of the children clearly showed that they were full of zeal and enjoyed the session thoroughly. They are looking forward to a similar fun-filled session in the days coming ahead.



# WORKSHOP ON SAFE AND UNSAFE TOUCH

As a strong step towards making our children safe, the school conducted a workshop in the school campus on the topic 'Safe and Unsafe Touch.'

The workshop was conducted by the Elementary coordinator Ms Rajni Hanspal with the objective of spreading awareness and educating children about Safe and Unsafe touch.

The students understood the concept which was explained to them in a simplified manner by actions followed by a question-answer round.



# DISPLAY OF HOLIDAY HOMEWORK

On the Day of Shri Samvad-PTM (29th July 2023), the holiday homework of all classes was put out for display. Parents were invited to see the efforts of their children. Parents were delighted to see the beautiful display of projects on various topics and themes that students prepared during summer vacations. There was a series of charts and models covering all the subjects.

The hard work of the students was well appreciated by the visitors. The parents also clicked away pictures and complimented the dedicated and sincere efforts of students and teachers for their work. Visitors encouraged the efforts of students by their positive feedback.



## KNOWLEDGE TRANSFER: GROUP DISCUSSION BY SENIORS

Group discussions are essential for critical thinking, collaboration, and active learning. Research has shown that engaging in group discussions allows students to develop a deeper understanding of subjects, expand their perspectives, and refine their communication skills. Group discussions are valuable tools for exploring diverse perspectives, fostering collaboration, and arriving at well-informed conclusions on a given topic.

Considering these facts, Interclass Group Discussion was organised for Form VI to VIII by the school on July 8, 2023 on the following topics:

"Is dependence on Computers a Good Thing?" and "A.I. in Work: How is it going to change the future of Workspace?"

This event provided a platform for meaningful conversations and exchange of ideas among the students.



# SDG WORKSHOP BY SENIORS

‘Sustainable development is the pathway to the future we want for all.’

The school organised a Sustainable Development Goals (SDG) Workshop on 19 July, 2023. The students of Form 11 (Aayan and Vinay) and Form 12 (Mitali and Manik) conducted this workshop and it was actively participated by students of Form 6 to 8 .The Sustainable Development Goals are the blueprint to achieve a better and more sustainable future for all. They addressed the global challenges we face, including those related to poverty, inequality, climate change, environmental degradation, peace and justice. The students were briefed about the meaning and the need of sustainable development. Moreover all the 17 goals were addressed. All the participants were motivated regarding the topic and the issues faced by our country.



# INTER-HOUSE BADMINTON MATCH

श्री राम यूनिवर्सल स्कूल में इंटर हाउस बैडमिंटन मैच का आयोजन किया गया। इसका अयोजन विद्यार्थियों के शारीरिक स्वास्थ्य को ध्यान में रखते हुए 10 जुलाई एवं 12 जुलाई, 2023 को किया गया। इसका उद्देश्य छात्रों को अपने अंदर छिपी हुई प्रतिभा को खोजने में सक्षम बनाना था। चारों हाउस के विद्यार्थियों ने दो श्रेणियों में प्रतिस्पर्धा की। कक्षा छठी से आठवीं तक के विद्यार्थियों तथा नौवीं से बारहवीं के विद्यार्थियों ने प्रतिनिधित्व किया।

छठी से आठवीं लड़कियों के मैच में अक्षिता (लक्ष्य हाउस) ने प्रथम स्थान ग्रहण किया और छठी से आठवीं लड़कों के मैच में दक्ष (लक्ष्य हाउस) प्रथम रहा। जबकि नौवीं से बारहवीं लड़कियों के मैच में सृष्टि (निश्चय हाउस) ने पहला स्थान हासिल किया और इसी श्रेणी में लड़कों के मैच में आयान (लक्ष्य हाउस) अव्वल रहा। उत्साही छात्रों ने अच्छा प्रदर्शन किया और कई छात्रों ने मैच भी जीते।



## HINDI DEBATE

विद्यार्थियों में मौखिक अभिव्यक्ति कौशल विकसित करने के लिए, द श्री राम यूनिवर्सल स्कूल में 14 जुलाई 2023 "क्या आधुनिक तकनीक मानव सामाजिक संपर्क को बर्बाद कर रही है ?" विषय पर वाद विवाद की प्रतियोगिता का आयोजन किया गया। दसवीं से बारहवीं तक के प्रत्येक हाउस से विद्यार्थियों ने हिस्सा लिया। इस प्रतियोगिता का मुख्य उद्देश्य छात्र-छात्राओं का मनोबल बढ़ाना व छात्रों के विचारों को प्रभावशाली ढंग से अभिव्यक्ति करना सीखाना हैं। इस प्रतियोगिता में सिद्धि कक्षा ग्यारहवीं ( निश्चय हाउस )से प्रथम रही , द्वितीय स्थान लकिता कक्षा बाहरवीं ( धैर्य हाउस ) व नमन कक्षा दसवीं लक्ष्य हाउस ने तृतीय स्थान हासिल किया । प्रधानाचार्या श्रीमती आरती ओहलान ने विद्यार्थियों का हौंसला बढ़ाया । सभी विद्यार्थियों ने इस प्रतियोगिता में बढ़ चढ़कर भाग लिया।



## INTER-HOUSE DEBATE COMPETITION

Debates help children enhance academic research, creativity, expression and communication skills.

Keeping this in mind, an Inter-House Debate Competition for English was conducted for the students of Form 10 to 12 on 13th July, 2023 with the topic – “Our large population is not the cause of poverty but an asset, a resource.”

The winners of the English debate were :-

Ridhima - Saksham house (1st position)

Manik - Dhairyra house (2nd position )

Parikshit - Lakshay house (3rd position)

The participants exhibited great speech skills. The event was a knowledgeable experience for both the participants as well as the audience.



# SCIENCE QUIZ

Quizzes help one gain a broad and specialized understanding of a subject. Quizzes are intended to encourage fun learning methods and also enhance general knowledge.

The school organized Inter House Science Quiz on 6 July, 2023 for the students of Form 2-5, 6-8 and 9-12. There were 4 teams, 1 from each house participating in the quiz. The quiz consisted of three rounds:

The first position was secured by Lakshay House in the category 2-5, Nischay House in the category 6-8 and Lakshay House in the category 9-12.



# INTER-HOUSE TABLE TENNIS MATCH

Physical education is of paramount importance as it promotes overall health and fosters social interaction. Through regular exercise and sports, students develop physical fitness, motor skills, and leadership skills.

Considering this, an Inter-House Table Tennis match for Form 6-8 and 9-12 was held on 5th July, 2023 in The Shri Ram Universal School. All the matches were thrilling with all the participants displaying their grit and there was neck to neck competition between the participants.

Winners for the category 9-12 (boys) were:

Naman (Dhairya house) 1st position

Bhuvan (Nischay house) 2nd position

Parikshit (Lakshay house) 3rd position

Winners for the category 9-12 (girls) were:-

Srishti (Nischay house) 1st position

Himanshi (Lakshay house) 2nd position

Jeevanshi (Saksham house) 3rd position

Winners for the category 6-8 in Boys were:

Abeer (Saksham House) 1st position

Sai (Lakshay House) 2nd position

Ayaan (Dhairya House) 3rd position



# PRIORITIZING WELLNESS: HEALTH WORKSHOP

“Stand tall, shoulders back, and head held high.”

The school conducted an engaging Health Workshop for students of Form 6 and 7 on 18 July, 2023, focusing on Posture. The event aimed to educate students about the significance of maintaining a good posture and its impact on overall health. Through interactive and fun-filled activities, the workshop highlighted the correct methods of carrying school bags to prevent strain on their backs.

The participants learned essential tips to maintain a healthy posture while studying, playing, and carrying out daily activities. The workshop's innovative approach ensured that the students grasped the concepts effectively, empowering them to adopt healthier habits and take care of their well-being.



# UNVEILING THE WONDERS OF SCIENCE AND ROBOTICS: SPECTACULAR EXHIBITION

The Science and Robotics Exhibition at school was held on 29 July, 2023. It was an exciting event where students from all Forms showcased their Science projects and Robotics and technological innovations. During their Summer break, these young innovators created both working and non-working models related to science.

The exhibition aimed to foster creativity and curiosity among the students, encouraging them to explore the wonders of science. The event provided a platform for students to present their ideas, learn from one another, and celebrate their achievements.

It was a fantastic opportunity for the parents to witness the students' passion for science and witness their innovative creations.

